

MONDAY

Info Walking Tour

08.01. - 25.03.2024

Come with us to a guided walking tour through Abtenau! Get new impressions and discover your holiday destination with us.

Meeting point: 10.00 a.m., market square Abtenau

Duration: about 1 hour

Costs: free of charge

TUESDAY

Cross Country Skiing

02.01. - 12.03.2024

Two-hour basic classic course.

Registration: till Monday 05.00 p.m. at the tourist office Abtenau, phone +43 6243 4040

Meeting point: 10.30 a.m. at the starting point floodlit track

Costs: € 35.00 / person; free of charge for guests of Abtenau with the Tennengau+ Card!

Equipment is not included! Rental possibility: ski rental & toboggan centre Karkogel Abtenau (valley station Karkogel).

WEDNESDAY

Salzburg City Tour

27.12.2023 - 27.03.2024

Experience the wonderful city of Mozart from a very special perspective.

Our certified city guide, Sepp Gutjahr, knows Salzburg like the back of his hand and tells stories and anecdotes that can't be found in any books.

Registration: until Tuesday 04.00 p.m. at the tourist office Abtenau: phone +43 6243 4040

Meeting point: 09.40 a.m. tourist office Abtenau

Departure: 09.58 a.m., post office Abtenau

Return: 05.06 p.m. in Abtenau

Costs: city tour: € 18.00; public transport: free of charge with the Tennengau+ Card!

Minimum number of participants: 5 persons

Bus to the „Postalm“

25.12.2023 - 10.03.2024

The public transport takes you up to the Postalm, Austria's largest alpine plateau which offers lots of fun for the whole family in winter.

Departure: 10.15 a.m., post office Abtenau

Return: 03.25 p.m., ski centre Postalm

Costs: bus: free of charge with the Tennengau+ Card
toll: € 2.50/adult and € 1.50/child

Morning-Yin-Yoga

09.01. - 19.03.2024

Start the day relaxed with Yin Yoga. Yin Yoga consists mainly of long postures that address deep-lying tissues. In this way, blockages, tensions and shortenings in the connective tissue, ligaments and joints can be released.

Registration: till Monday 05.00 p.m. at the tourist office Abtenau, phone +43 6243 4040

Meeting point: 08.00 a.m. at „s'Platzl“ (next to „Sparkasse“)

Duration: about 1 hour | **Persons:** 5 - 10

Costs: € 15.00 / person

Church Tour

27.12.2023 - 27.03.2024

Discover the beauty of the Abtenauer parish church with all its treasures together with the parish council, Mr. Norbert Essl. Get to know the most different saints and learn interesting facts about the building, the interior design and the rich history.

Registration: till Wednesday 03.00 p.m. at the tourist office: phone +43 6243 4040

Meeting point: 05.00 p.m., church entrance

Duration: approx. 1 hour **Costs:** free of charge!



THURSDAY

Curling

28.12.2023 - 28.03.2024

A popular sport with a lot of tradition and unlimited fun for everyone! People of all ages will play for the championship medal at the curling rink in Abtenau.

Registration: till Thursday 12.00 a.m. at the tourist office: phone +43 6243 4040

Meeting point: 02.00 p.m., tourist office Abtenau

Duration: about 2 hours

Costs: € 6.00/person; free of charge with the Tennengau+ Card!

Creative Workshop

11.01. - 21.03.2024

At the handicraft/painting workshop, you can let off steam with local natural materials in a modern, well-equipped workshop or rediscover your creativity. Hilde & Claudia are there to help and advise you. No previous knowledge necessary!

Registration: till Wednesday 05.00 p.m. at the „Kreativwerkstatt“: phone +43 676 97 61 116

meeting point: 09:30 a.m., Rigaus 40, 5441 Abtenau

Duration: about 2.5 hours | **Persons:** 4 - 10

Costs: • painting: € 59.00 (incl. paint & brushes)
• handicrafts: from € 49.00 (d.o. materials)
• children: € 35.00 (painting & crafting)
• tools and small snack included

FRIDAY

Snowshoe- or Winter Hiking Tour

29.12.2023 - 29.03.2024

Depending on snow and weather conditions we choose a comfortable tour individually for the participants coordinated.

Registration: till Tuesday 05.00 p.m. at the tourist office: phone +43 6243 4040



Lantern Hike

28.12.2023 - 28.03.2024

Guided, easy hike with lanterns through the romantic winterlandscape.

Registration: till Thursday 05.00 p.m. at the tourist office: phone +43 6243 4040

Meeting point: 08.00 p.m., tourist office Abtenau

Duration: about 1 hour

Costs: € 15.00/person; free of charge with the Tennengau+ Card!

Bus to the „Postalm“

25.12.2023 - 10.03.2024

The public transport takes you up to the Postalm, Austria's largest alpine plateau which offers lots of fun for the whole family in winter.

Departure: 10.15 a.m., post office Abtenau

Return: 03.25 p.m., ski centre Postalm

Costs: bus: free of charge with the Tennengau+ Card
toll: € 2.50/adult and € 1.50/child

Artificial Ice Rink

Opening hours

03.00 - 07.00 p.m. in appropriate weather conditions
Monday & Tuesday day off

Subject to change without notice. Parents are liable for their children! Compulsory helmets for children!

Incl. rental & hot drinks





www.abtenau-info.at



MOTION

REST

ENJOYMENT

Winter program 2023/24

Join us!

Guided hikes and recreational activities for those who want to explore Abtenau with a personal guide.

The winter season in Abtenau offers many possibilities to enjoy the beautiful landscape. From sports activities such as cross-country skiing to leisurely hikes and cultural tours, everything is included.

Of course a proper portion of fun, e.g. at curling also won't be missing!



TIPP: Further information about activities in and around Abtenau can be obtained from the tourist office. We look forward to your visit!

OVERVIEW

Monday	Tuesday	Wednesday	Thursday	Friday
10.00 a.m. Info Walking Tour	08.00 a.m. Morning-Yin-Yoga	09.40 a.m. Salzburg City Tour	09.30 a.m. Creative Workshop	10.30 a.m. Snowshoe- or Winter Hiking
10.15 a.m. Bus to the „Postalm“	10.30 a.m. Cross Country Skiing	05.00 Up.m. Church Tour	10.15 a.m. Bus to the „Postalm“	
			02.00 p.m. Curling	
			08.00 p.m. Lantern Hike	

Changes possible.

RENT

- SKI & SNOWBOARD
- CROSS COUNTRY
- TOBOGGAN
- SKITOUR
- SNOWSHOES

Online Check - In:



Save time on site and check-in in advance!

Please note that you only submit your data, no reservation will be made!

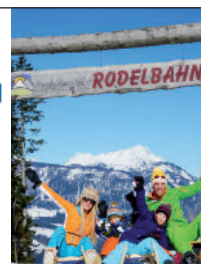
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The preparation of the cross-country-trail belongs, next to the preparation of the ski slopes, to the most expensive maintenance work of the cold season of the year. As support an recognition for the enormous costs in Abtenau voluntary fees are collected.

PRICES

Day ticket: adult: € 8,- • child: € 6,-
 Weekly ticket: adult: € 20,- • child: € 15,-
 Season ticket: adult: € 45,- • child: € 30,-

Points of sale:

Tourist office Abtenau • Inn/hotel Traunstein • Ski rental & toboggan centre Karkogel Abtenau • Sport 2000 Abtenau



Tourist office Abtenau

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